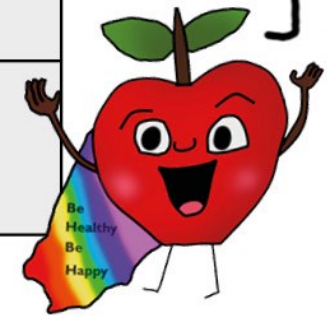
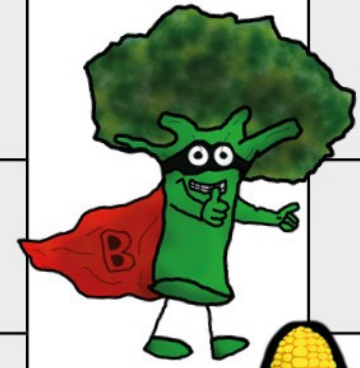
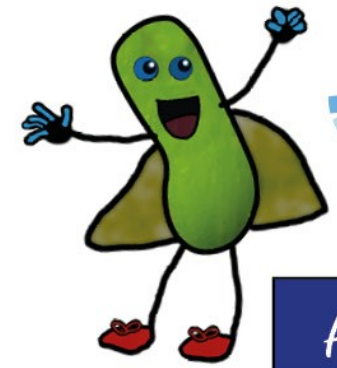


Week One

First Schools' Menu



Available Daily
Mixed Salad
Yoghurts
Fresh Fruit
Milk
Water

	Option #1	Option #2	Veggies	Pudding
Monday	Cheese & Tomato Pizza W/D	Cheese & bean bake W	Sweetcorn, Beans	Muffin D/E/W
Tuesday	Meatballs in tomato sauce W	Quorn curry E / D	Peas, Carrots	Rice Crispy Cake
Wednesday	Roast of the day D/W/E	Quorn roast D/E/W	Mix Veg	Jelly
Thursday	Chicken burger W	Quorn lasagne E / D / W	Peas, Beans	Shortbread W / D
Friday	Fish & chips F / W	Jacket potato with tuna/cheese/beans F or D	Sweetcorn, Peas, Beans	Ice cream D

Food Superheroes

- 'Runner Hero' by Luke Henson. St John's First School
- 'Captain Corn' by Jackson Whitby. Marshbrook First School
- 'Brave Broccoli' by Emily Haughtey. Princefield First School
- 'Miss Athletico Apple Core' by Lana Reid. St Mary & St Chad First School

W/C: 02.09.24, 23.09.24, 14.10..24, 11.11.24, 02.12.24

Allergen Legend

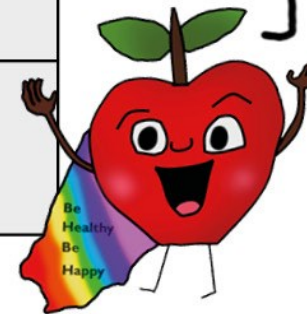
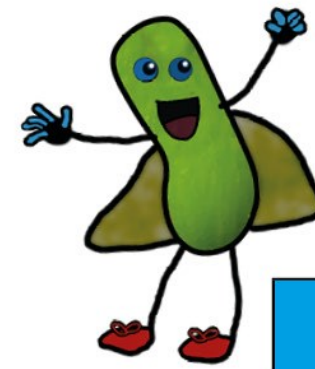
(W)	(E)	(F)	(D)
Wheat/gluten	Eggs	Fish	Dairy / milk



Week Two

First Schools' Menu

	Option #1	Option #2	Veggies	Pudding
Monday	Sausage roll W/D/E	Veggie Bkae W	Beans, Peas	Iced sponge W/D/E
Tuesday	Beef bolognaise pasta bake W	Jacket potato & cheese D	Mixed Veg	Chocolate cookie W
Wednesday	Roast dinner D/W/E	Quorn roast D/E/W	Broccoli, Cabbage	Rocky Road W
Thursday	Chicken nuggets W	Cheese & potato pie D	Peas, Beans	Muffin D/E/W
Friday	Fish & chips W/F	Jacket potato with tuna/ cheese/beans D or F	Sweetcorn, beans	Ice cream D



Available Daily
Mixed Salad
Yoghurts
Fresh Fruit
Milk
Water

Food Superheroes

- 'Runner Hero' by Luke Henson, St John's First School
- 'Captain Corn' by Jackson Whitby, Marshbrook First School
- 'Brave Broccoli' by Emily Haughtey, Princefield First School
- 'Miss Athletico Apple Core' by Lana Reid, St Mary & St Chad First School

W/C: 09.09.24, 30.09.24, 21.10.24, 18.11.24, 09.12.24

Allergen Legend

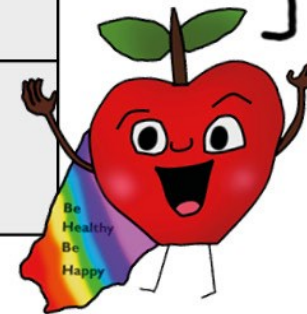
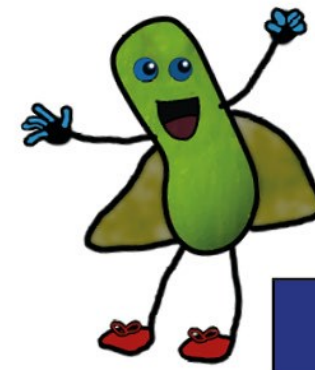
(W)	(E)	(F)	(D)
Wheat/gluten	Eggs	Fish	Dairy / milk



Week Three

First Schools' Menu

	Option #1	Option #2	Veggies	Pudding
Monday	Cheese & tomato pizza D/W	Fish cake F/E/W	Peas, Sweetcorn	Iced sponge W/D/E
Tuesday	Macaroni cheese D/W	Jacket potato with beef chilli	Carrots, Peas	Ice cream D
Wednesday	Roast dinner D/W/E	Quorn roast D/W/E	Mixed Veg	Jelly
Thursday	Sausage, hash browns and beans	Salmon pie F/D	Broccoli, Carrots	Flapjack
Friday	Fish fingers & chips W/F	Jacket potato with tuna/cheese/beans D or F	Sweetcorn, Beans	Muffin W



Available Daily
Mixed Salad
Yoghurts
Fresh Fruit
Milk
Water

Food Superheroes

- 'Runner Hero' by Luke Henson, St John's First School
- 'Captain Corn' by Jackson Whitby, Marshbrook First School
- 'Brave Broccoli' by Emily Haughtey, Princefield First School
- 'Miss Athletico Apple Core' by Lana Reid, St Mary & St Chad First School

W/C: 16.09.24, 07.10.24, 04.11.24, 25.11.24,

Allergen Legend

(W)	(E)	(F)	(D)
Wheat/gluten	Eggs	Fish	Dairy / milk

